

# 4-3-20

## Obedience Show Novice – Week 2

Please refer to last week's introduction if you haven't already read it. Also follow Sections I, II, and III from week 1. <http://www.k9rally.com/>

I. Each week I'd like you to warm up your dog with the same warmup plan from week 1.

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II. Next practice the Ring Entry Protocol (as in week 1) once your dog is warmed up.

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**III. Heeling.** Start off with what you did last week. If that goes well, add a change of pace after the first turn. What you can do is to break it off and explode in the middle of the slow/fast! Play for a while and begin again. Begin anywhere. This time, after the turn, do the other change of pace and explode in the middle of it and play again!

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Take a break or do a time out.

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**IV. Sit-Stay (Beginner Novice)** – Begin in the center of your training area. You'll drop the leash (if there's one on the dog). You'll leave your dog and walk clockwise or counter clockwise around the training area going 20-25 ft. from your dog. The hardest for the dog is when you are behind him. The first time you do this, go back and reward your dog for not moving. Then go back to where you left off and continue around until you are in back where you started. (Do this different each time.)

**[LINK TO ACTUAL SIT STAY DIAGRAM AT A TRIAL.](#)**

[http://www.k9rally.com/Documents/BN%20Sit-Stay%20diagram%20\[Compatibility%20Mode\].pdf](http://www.k9rally.com/Documents/BN%20Sit-Stay%20diagram%20[Compatibility%20Mode].pdf)

(if this link doesn't work, go to [www.k9rally.com](http://www.k9rally.com). There's a link in the 2<sup>nd</sup> box (More Free Downloads)

**V. Ring Exit Ritual** – Get into the habit of formally disconnecting with your dog often after a training session, not just always playing with your dog. Here is a method used by [Michele Pouliot](http://www.michelepouliot.com/) (<http://www.michelepouliot.com/>) that I learned from her at a seminar. It really works out well. "Have a plan".

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1. Connect with dog
2. Reward (not with food at a trial)
3. Leash on (if off)
4. Leave ring under control
5. Reward

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## NEXT WEEK: AKC Obedience Regulations